



HORARIO MEETING TONI BONET 06-06-2015

HORA	PRUEBA
17:00	3 km marcha- Peso IFM/F
17:05	80 m vallas IFM
17:10	80 m vallas IFF
17:15	150 ml IFF
17:20	150 ml IFM
17:30	600 BJF
17:35	600 BJM
17:40	100 ml ABM "A" -Jabalina IFM/F- Altura IFM/F
17:45	100 ml ABM "B"
17:55	100 ml ABM "C"
18:00	100 ml ABF "A"
18:05	100 ml ABF "B"
18:10	300 ml CDF
18:15	300 ml ABM
18:20	80 ml IFF
18:25	80 ml IFM
18:30	800 ml ALF - Longitud IFM/F
18:35	800 ml ALM
18:40	1000 ml IFF
18:45	1000 ml IFM
18:55	4x80 IFF
18:00	4x80 IFM
18:05	ACTO PROTOCOLARIO
19:00	Entrega Trofeos IF
19:10	400 m vallas ABF -
19:15	3000 m l ABM
19:30	600 m l ABM
19:35	600 m l ABM
19:40	200 m l ABM "A"
19:55	200 m l ABM "B"
20:00	200 m l ABF "A"
20:05	1500 m l ABF
20:10	800 m l ABM
20:15	ENTREGA TROFEOS